Q Did you know...

That there is no vaccine (yet) against malaria, you need to take pills to prevent malaria.

You can protect youself from food and water-borne diseases.

Yellow fever vaccine is required to enter certain countries in Africa and South America.

There is a medication you can take to prevent altitude illness.

Meningococcal meningitis vaccine is required to enter Saudi Arabia.

Many countries around the world are reporting outbreaks of measles and mumps. People born after 1970 should have 2 doses of this vaccine.

Many areas in Europe and North America are experiencing pertussis (whooping cough) outbreaks.





http://travelclinic.vch.ca

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TRAVEL VACCINES GET STARTED

PRESENTED BY:



"The VCH Travel Clinic is the Centre of Excellence in Travel Medicine for B.C."

travelclinic.vch.ca



We provide recommended and required vaccinations, prescriptions, and health advice tailored to the individual's medical history and itinerary.



WHAT TO BRING:

- Carecard
- Vaccination Records
- **D** List of Medications
- Trip Itinerary

WHAT WE PROVIDE:

- Prescriptions
- Health Advice
- Vaccinations
- Travel Products

Our doctors provide prescriptions, health advice and vaccine recommendations tailored to the individual's medical history and travel itinerary. Our nurses provide the vaccinations after the travel assessment is complete.







Tuberculosis skin tests require a follow-up visit 48-72 hours after the initial test to read the result. Call us for more info: (604) 736-9244



Travel assessments by email are available for travelers who live outside the Lower Mainland and cannot access the Travel Clinic.



We offer flu clinics within the district of Vancouver and Richmond. Please contact us and ask to be connected to the head nurse.

hy do I have to pay?

Travel medicine, including consults and travel vaccines, are not subsidized by the government; the fees you pay cover the cost of the vaccines and the clinic operation. We run on a cost-recovery basis and any extra goes back into public health. We provide invoices that can be submitted to extended health plans (you will be reimbursed according to your plan's coverage). Some routine vaccinations will be free as those are covered by the government.

hy not just see my family doctor?

Aside from some of the routine vaccinations, family doctors may not have travel vaccines in stock. Our medical staff will provide travel prescriptions, routine vaccines, and travel vaccines - all done in one place. The VCH Travel Clinic has been designated as a Yellow Fever Vaccination Centre by the Public Health Agency of Canada; this designation is required to provide the yellow fever vaccine, while family doctors and most other clinics are not equipped to do so. The VCH Travel Clinic has also been designated as the Centre of Excellence in Travel Medicine for British Columbia by the Ministry of Health.

hen should I visit the VCH Travel Clinic?

Four to six weeks before departure is recommended to give you adequate time to complete vaccines (including vaccines that may require a series). If you are leaving on short notice, our medical staff will do their best to accommodate and provide adequate coverage given the time allowed.