

Talking about
 substance use
 can save lives.

BC is facing a toxic drug crisis. If you use substances,
 we want to help you stay safe.

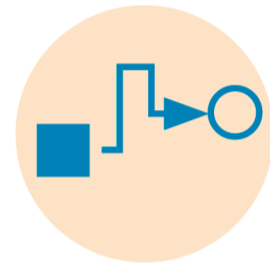
While you're in the Emergency Department:



Get a take-home
 naloxone kit or safer
 substance use supplies.



Ask staff about
 substance use
 medication and
 treatment options.



Ask staff about connections
 to community substance use
 services and resources.

Resources:



Learn how to
 respond to
 overdoses



Use at an
 overdose
 prevention site



Check your drugs



Download the
 Lifeguard App for
 harm reduction



Indigenous Patient
 Navigators to
 support patients
 while in hospital



Services

Check in with your emergency department care team to learn more

Key harm reduction practices to remember:

Don't use alone.

Have naloxone and know how to use it.