Stan Stronge Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise Class - Regular 9:30 – 10:30	Drop-In 9:00 – 10:00 Exercise Class - Regular	Resident Swim 9:00 – 10:30	Resident Swim 9:00 – 10:30	Ai Chi 9:30 – 10:30	
Drop-In 10:30 – 12:00 pm	10:00 – 11:00 Exercise Class – Slow 11:00 – 12:00	Exercise Class - Regular 10:45 – 12:00	Exercise Class - Regular 10:45 – 12:00	Resident Swim 10:30-12:00	Resident Swim 9:00 – 11:30
Lunch 12:15 – 12:45	Lunch 12:15 – 12:45	Lunch 12:15 – 12:45	Lunch 12:15 – 12:45	Lunch 12:15-12:45	Exercise Class - Regular 12:30 – 1:30 pm
Drop-In 1:00 – 2:00	Drop-In 1:00 – 2:00	Drop-In 1:00 – 3:00	Drop-In 1:00 – 2:30	Exercise Class - Slow 1:00 – 2:00	Drop-In 1:30 – 2:30 pm
Exercise Class - regular 2:00 – 3:00 Resident Swim 2:30 – 4:00	Resident Swim 2:00 – 4:00		Resident Swim 2:30 – 4:30	Drop-In 2:00 – 4:30 Lengths 3:30 – 4:30	Contact us: Street Location: 700 block West 59 th Ave
	Vancouver Park Board 4:00 – 8:00		Vancouver Park Board 4:30 – 8:30		Vancouver Mailing Address: 780 West 57 th Ave Vancouver, BC, V6P 1S1 Telephone: 604 301-3810