

SMARTRECOVERY: WEEKLY MEETINGSCHEDULE 2025

Monday

Robert & Lily Lee CHC
(1669 E. Broadway; Room 325):
3:30 - 4:30 PM

****EXCLUDES STATUTORY HOLIDAYS****

Wednesday

Pacific Spirit CHC (2110 West 43rd Avenue; See Reception):
12:00 - 1:00 PM

South Mental Health Team (1200 W 73rd Ave #220, See Reception):
3:30 PM - 4:30 PM

STEPS (312 MAIN, See Reception.

NOTE: participants buzz into building before being shown to room):
4:00 - 5:00 PM

****ON PAUSE UNTIL FURTHER NOTICE****

SMART Women's Group (Three Bridges, 1128 Hornby St, Room 215)
6:30 - 7:30 PM

(See below for specific dates): April 9th, April 23rd Then
ON PAUSE until May 14th, May 28th)

Friday

Robert & Lily Lee CHC (1669 E. Broadway):
12:00 - 1:00 PM

Alternating Weeks

(See below for specific dates):

March 7th, March 21st, April 4th, May 2nd, May 16th, May 30th, June 13th, June 27th

Three Bridges CHC (1128 Hornby St.; Room 215):
6:00- 7:00 PM

Sea-to-Sky Online:
6:30 - 8:00 PM

<https://smartrecovery.zoom.us/j/91537409498>

Tuesday

Three Bridges CHC
(1128 Hornby St; Room 123):
3:00 - 4:00 PM

Family & Friends Meeting (Online):
6:00 -7:00 PM

<https://smartrecovery.zoom.us/j/91012011101>

Robert and Lily Lee (Online)
6:30 PM - 8:00 PM

<https://smartrecovery.zoom.us/j/91032572986>

Thursday

Downtown Community Court (211 Gore Ave;
NOTE: participants pass through security before being shown to room):

(2nd and Last Thursday of the Month**)**

1:30 - 2:30 PM

Reach Community Health Centre (1145 Commercial Drive; Room 032)
4:00 PM - 5:00 PM

Robert & Lily Lee CHC (Online)
6:00 PM- 7:00 PM

<https://smartrecovery.zoom.us/j/507754407>

Saturday

Three Bridges CHC (1128 Hornby St.; Rm 215)
11:00 AM - 12:00 PM

Sunday

Robert and Lily Lee (Online):
6:30 PM - 8:00 PM

<https://smartrecovery.zoom.us/j/91032572986>