

## BC Pelvic Floor Physiotherapists

The below list has been compiled from bcphysio.org utilizing the “Find a Physio” application and verifying with therapists that they perform INTERNAL pelvic floor examinations. As practitioners continue to expand their skillset and take courses, this list is subject to change.

*Please contact each clinic to verify that the therapist is trained to assist with your specific condition. Please note:* to access private physiotherapy services, **there is a fee required**. These clinics have various rates and may offer direct billing to third-party insurers, please contact the clinic for further details. To seek private physiotherapy, a physician referral is not required.

For further details, please visit bcphysio.org. This list has been updated as of July 2025.

Clinic	Contact Information	Name of Therapist	Gender Serviced
<b>Burnaby</b>			
Ova Women's Health Physiotherapy #501, 3292 Production Way, Burnaby	604.700.4844	Nasim Delfaninejad	Females
Inner Circle Physiotherapy 207-3825 Sunset St, Burnaby, BC V5G 1T4	michelle@innercirclephysio.ca	Michelle Soh	All genders
Plaza Physiotherapy Clinic 228 – 5000 Kingsway Street Burnaby, B.C. V5H 2E4	604.438.9111	Salma Samnani Agnes Ku	Please call to verify
Metrotown Orthopedic and Sports Physiotherapy Clinic 350- 4789 Kingsway, Burnaby	604.430.3066	Diane Rizzardo McKenzie Summers	Males/Females
<b>Chilliwack</b>			
CBI Health Centre 8 – 45575 Keith Wilson Rd,	604.426.0516	Megan Sawatsky Nadine Heuss	Females Males/Females
Chilliwack Sports Medicine Clinic 45323 Hodgins Ave	604.391.1144	Kerri-Ann Swartz	Males/Females
Rebalance Rehab 45719 Ontario Ave, Chilliwack	604.799.6080	Jen LaRoy	Females
<b>Coquitlam</b>			
Core Kinesis Physiotherapy 1194 Lansdowne Dr, Unit 403	604.475.7725	Heather Baker Nicole Yeats	Males/Females
Full Circle Physiotherapy 1005 Ridgeway Ave	604.506.8006	Jessica Adaszynski	Females
Haven Physiotherapy B319 – 2099 Lougheed Hwy Port Coquitlam	778.551.4415	Amy Tao	All Genders
Tall Tree 2331 Marpole Ave, 111 Port Coquitlam	604.500.7811	Jelena Toma	Males/Females
ProActive Pilates 3139 Raleigh St, Port Coquitlam	778.839.4415	Dana D'Abreo	Females

<b>Delta</b>			
Salius Physiotherapy 102, 7445-120 St, Delta	604.503.6949	Sumen Singla	Females
Tamaray Community Physiotherapy	(236) 598-8878	Uma Natarajan	Please call to verify
<b>Langley</b>			
Langley Physiotherapist Corporation	604.530.6511	Aman Bajwa	Please call to verify
Opal Physiotherapy and Health Clinic 102-20226 Fraser Hwy, Langley	604.532.7887	Cynthia Pathipati	Males/Females
Bump Physio & CO 8912 202nd Street, #120, Langley		Multiple Therapists	All genders
Tamaray Community Physiotherapy 203 St FS 56 Ave	236.598.8878	Uma Natarajan	Females
<b>Maple Ridge</b>			
Asana Physiotherapy 22633 Selkirk Ave #112, Maple Ridge	604.773.0670	Radhika Mehta	Females
Kinectiv Sport + Health 200- 20395 Lougheed Hwy	604.465.4263	Sheree Palmer	Females
<b>Pitt Meadows</b>			
Beacon Therapy 1 – 19126 Ford Rd, Pitt Meadows	604.319.6876	Lois Lochhead	Males/Females
Tall Tree #111, 2331 Marpole Ave, Port Coquitlam	604.500.7811	Jelena Toma	Males/Females
<b>Port Moody</b>			
Bump Physio & Co 88 Kyle St, Port Moody	604.562.2867	Multiple Therapists	All genders
<b>Richmond</b>			
Kids Physio Group 140 – 13571 Commerce Parkway, Richmond	604.370.0088	Cam Manson	Children
Soul Physiotherapy and Pelvic Floor Health Clinic 185 - 7031 Westminster Hwy, Richmond	604.303.0369	Ji-Seon Kim	Males/Females
Pain Free Health Clinic 23233 Gilley Rd Suite 145, Richmond	604.553.8435	Jennifer Liu	Females
<b>Squamish</b>			
LivWell Integrated Health 1414 Winnipeg St, Squamish	604.567.1414	Claire McDonald Rachel Richards	Females Males/Females

<b>Surrey</b>			
Diane Lee & Associates102 - 15303 31 Ave, Surrey	604.538.8338	Cheri Le Cappelain Tina Lin	Males/Females
		Lily Han Leigh Fortuna	Females
Advanced Physiotherapy 15125 Russell Ave, White Rock	604.541.9245	Michaela Toffoli	Females
Endurance Physiotherapy 12565 88 Ave #109	778.592.1442	Sarah Stevens	Females
Kids Physio Group 14351 104 Ave, Unit 302, Surrey	604.498.1044	Surekha Gangar	Children
LK Physio Fleetwood, Surrey	lenora@lkphysio.com	Lenora Klassen	Males/Females
Roam Health and Wellness 106- 6525 177B Street	604.244.4747	Puneet Litt	Females
<b>Vancouver</b>			
Bri Hicks Physio & Performance 2060 West Broadway	brihicksphysiotherapy@gmail.com	Brigitta Hicks	Please call to verify
Bloom Physiotherapy and Pelvic Health	604.733.2202	Angelique Travlos Cassandra Travlos Natasha Lazecki	Females
CrossRoads Physiotherapy and Massage Therapy 307 W Broadway, suite 350, Vancouver	604.568.1337	Dawn Sparks Janet Leung Winnie Chan	Please call to verify
The Cheerful Pelvis 203 – 2730 Commercial Drive, Vancouver	hello@thecheerfulpelvis.com 604.879.6046	Multiple Therapists	All Genders
Electra Health Physiotherapy	604.685.4325	Christina Wong Gabriel Sarta	Females Males
On the Coast Physio #631 – 550 West Broadway, Vancouver 5691 Mermaid St, Sechelt	604.989.6828	Maryla Podgajny	Males/Females
Baseline Health and Wellness 658 Homer St	604.674.4027	Katy van'tSchip	Females
Jenna Homer Physiotherapy 303-2083 Alma St	604.715.5664	Jenna Homer	Females
Envision Physiotherapy 201-3077 Granville St, 672 Leg in Boot Square	604.737.7309 604.876.2344	Anna Hudon-Kaide Alison Evers Dikla Barer	Please call to verify
Full Circle Physiotherapy 2647 East Hastings St, Vancouver (also many other locations and virtual)	www.fullcirclephysiotherapy.com	Jodie Pulsifer Susannah Britnell (and other therapists)	All genders
Kids Physio Group 555 West 12 <sup>th</sup> Avenue, Unit 155	604.559.6405	Alexis Miller	Children
Myodetox Physiotherapy (multiple locations)	Myodetoxvancouver.janeapp.com	Multiple Therapists	Males/Females

Physio Lab 128 Keefer St 1635 Main St 181 E 41 <sup>st</sup> Ave	604.684.5826	Mecca Clipsham Sean Lee Lisa Nakagawa Allison Yu	Males/Females
Pro-Medic Health and Sports Wellness Clinic 3012 Kingsway, unit 150, Vancouver	604.229.2545	Deepika Sawant	Please call to verify
Rae Physiotherapy and Pilates	604.330.1080	Kim Rae Jennifer Thomas	Females
Treloar Physiotherapy Clinic 595 W 8th Ave, Vancouver 203- 5511 W Boulevard	604.875.6207 604.266.8383	Chelsea Chua Allison Evers Natalie Constantin	Males/Females
Van Sports and Physiotherapy 625 Howe St Unit 521, Vancouver	604.661.8878	Kim McArthur Yae	Please call to verify
Rebounce Physiotherapy 3589 Kingsway	604.696.7426	Amanda Thornhill	Males/Females
West Point Grey Physiotherapy 4351 W 10 <sup>th</sup> Ave	604.224.3235	Matyna Chrzastowska	Males/Females
Woodland Physiotherapy 102 – 2280 East Hastings St, Vancouver	604.253.3166	Amanda Rnic	Females
		Calvin Wong	Males
		Hayley Ng	Females
		Larissa Costa	Males/Females
North Vancouver			
Canopy Integrated Health 149-1233 Lynn Valley Road, North Vancouver	604.973.0210	Cheryl Leia Gillian McCormick	Males/Females
		Erin Bird Miral Patel Roxenda Bhagat	Females
Cypress Physio + Health 145 15 <sup>th</sup> St West, North Vancouver	604.210.4696	Shawna Murray April Campbell	Females
Elevate - Allied Women's Health and Perinatal Care In-home on the North Shore	www.elevate- womenshealth.com	Diane Rizzardo Roxenda Bhagat	Females
House of Therapy 175 W 1 <sup>st</sup> St , suite 613, North Vancouver	778.323.4397	Tina Aslani Moghadam	All genders
Blueridge Physio 2467 Lampman pl, North Vancouver	604.365.8985	Mary Stern	Females
West Vancouver			
Hollyburn Physiotherapy Clinic 301-1549 Marine Drive	604.926.6868	Maria Tyumkin	Females
		Corine van Doorn Francesca Ruddick	Males/Females