

## Food Safety Recommendations for Family Child Care or In-Home Multi-Age Child Care Facilities

Food safety and nutrition are crucial in creating a safe and healthy environment for children in child care settings. Vancouver Coastal Health is dedicated to helping licensees create an environment that will support a healthy food program while ensuring food safety.

*Who does not require a health permit?*

- **Family Child Care facilities that care for 7 or less children**  
These do not require a health permit for their kitchen.
- **In-Home Multi-Age Child Care Facilities that care for 8 or less children**  
These do not require a health permit for their kitchen.

Please see the flow chart on page 2 for more information.

It remains important to practice food safety measures to prevent individuals from getting foodborne illnesses. Prior to offering food service as part of your program, it is **highly recommended** for the licensee to take **FoodSafe level 1**. Please visit: <https://www.foodsafe.ca/courses/level-1.html>

*Are there any resources available?*

If you plan to offer food items to children in your care, **Food Flair** is a helpful resource for you. It is available on our website at <https://www.vch.ca/en/media/29361>



