

VANCOUVER COASTAL HEALTH
CENTRAL ADDICTION INTAKE REFERRAL PACKAGE for
SUPPORTIVE TRANSITIONAL LIVING RESIDENCES (STLRs) and TREATMENT FACILITIES
Emerge, New Dawn, Together We Can & Pacifica

REFERRAL INFORMATION

VCH Supportive Transitional Living Residences (STLRs) and Treatment Facilities are live away (tier 4) substance use rehabilitation programs for clients aged 19+ with serious substance use issues and addictions. The programs are located in Vancouver and are generally 90 days in length.

The aim of these programs is to enhance the strengths and skills of substance dependent persons and to empower them, through interventions based on best practice to begin to live lives free of problematic substance use. STLRs and Treatment Facilities offer a substance use-free, structured environment and supportive opportunities to work on substance use related goals. The programs are abstinence-focused and require that clients commit to staying away from substance use while in the program.

REFERRAL CHECKLIST

This package is to be completed by a community counsellor, social worker or health care professional in collaboration with the client. Before submitting this package to the Central Addiction Intake team, please ensure the following tasks are complete:

The client and the community counsellor, social worker or health care professional have **reviewed, completed and signed**:

- Care Facility Admission Consent
- Complete Referral Assessment
- MSDPR Funding Verification Form
- Consent for Release of Information and PharmaNet Consent Form
- Early Exit Transition Plan

If possible, please **attach**:

- TB Test results
- Recent (past 2 years) psychiatry reports, medical consultation reports and relevant counsellor notes

***Please note: CAIT referrals are only processed through IMITS online file transmission process. Instructions are provided in this information document on how-to upload a referral through IMITS; a secure file transmission sever that protects an individual's confidential information.**

QUESTIONS OR GENERAL INQUIRIES

The Central Addictions Intake Team
Phone: 604-675-2455 Ext. 22564 for Pacifica & Together We Can
Phone: 604-675-2455 Ext. 22563 for Emerge & New Dawn
Hours of Operation: 8:30am-4:30pm, Monday to Friday

VANCOUVER COASTAL HEALTH CENTRAL ADDICTION INTAKE REFERRAL PACKAGE for SUPPORTIVE TRANSITIONAL LIVING RESIDENCES (STLRs) and TREATMENT FACILITIES PROGRAMS

Vancouver Coastal Health (VCH) works in partnership with and funds services that are provided by non-profit agencies. Each program offers a unique approach; we encourage referral agents to get to know these resources and to consider a best fit for your client. Additional information about each program can be found on the various program websites listed below:

STLRs

- **New Dawn** (women)..... <http://www.chrysalissociety.com/BecomeAClient.aspx>
- **Turning Point*** (all genders) <http://www.turningpointrecovery.com/>
- **Together We Can** (men)..... <http://twcvancouver.org/>
- **Emerge**(men)..... <http://www.cccares.org/addiction-recovery.html>

Treatment Facilities

- **Pacifica Treatment Centre** (all genders)..... <http://www.pacificatreatment.ca/>

*Turning Point referrals are managed directly by the Turning Point Recovery. The referral package can be downloaded directly from their website noted above.

The various STLRs and Treatment Centers are gender-separated services. Respectful of gender diversity, we will work with clients to figure out how to provide services that respectfully treat them according to their self-identified gender and sexual orientation. All services welcome the LGBTTTQI community.

Treatment Facilities offer a more tailored experience (e.g. all day programming) through individual and group work facilitated by counsellors that have advanced training (e.g. a Master’s degree) to support people struggling with substance use issues and addictions.

CLIENT CONSIDERATIONS

Please review this section with your client when considering a STLR or Treatment Facility.

These programs may be helpful if you are age 19+ and:

- substance use is interfering or interrupting your life goals
- you want help to support your goals
- you are okay with participating in group work
- you are okay with living in a small supportive community with other individuals (STLR)
- you have spoken with a Community Counsellor, Social Worker or Health Care Provider to find out if you may benefit from a live away substance use service.

Call or email the CAIT team to discuss your situation if:

- if you have a significant brain injury
- you have a history of setting fires and this poses a current risk
- you have a history of being sexually and/or physically violent towards others and this poses a current risk
- you have active TB
- you need 24/7 physical care and help with basic daily activities (washing, eating, dressing)
- you have a life threatening medical condition that requires treatment in a hospital or medical restrictions
- you have been in custody within the last 6 months

RESPONSIBILITIES FOR REFERRING SERVICE PROVIDER

As a referring service provider you play an important role in helping your client succeed as follows:

- Supporting client preparation, admission, engagement, retention, and therapeutic alliance
- Maintain communication with client and their care team
- Help client maintain connection to community
- Support transition planning and timely return to community
- Creating an early exit transition plan

If you are not able to stay involved with the client you are referring, please help your client get connected to a resource that can provide this support. If this is not possible, please alert the CAIT team so that they can help make connections to resources for the client.

TRANSITION PLANNING

Transition planning starts as early as possible during the client's stay at the STLR or Treatment Facility. The client and the STLR or Treatment Centre staff will work with clients, families and service providers in the client's home community (e.g. Community Counsellor, Social Worker or Health Care Professional) as early as possible to develop a transition plan. Once the client has completed services at the STLR or Treatment Centre, the client will be transferred back to the referring home community service provider for ongoing services and supports.

If a client has been made aware of an issue that may result in early discharge from the program, the STLR or Treatment Facility staff will strive to inform home community service providers to facilitate a safe transition for the client back to community.

An Early Exit Transition Plan is vital to maintaining a client's safety, especially in situations where a client is discharged from the program early with little notice or if the client decides to leave the STLR or Treatment Facility before completing the program. **An Early Exit Transition Plan is included in this referral package.**

The Central Addiction Intake team can provide additional information about the programs and assist with some of the client's preparation needs, if required. Please call CAIT if you have any questions about the programs or process.

Waitlist Check-In Requirement:

Once the referral package is submitted, clients should maintain weekly check in calls with the CAIT team to maintain their waitlist status, as changes can occur quickly.

- Clients waitlisted for **Pacifica, or Together We Can** should call: **604-675-2455 Ext. 22564**
- Clients waitlisted for **Emerge** should call: **604-675-2455 Ext 22563**
- Clients waitlisted for **Turning Point Vancouver** should call **604-875-1710**
- Clients waitlisted for **New Dawn** should call: **604-325-0576**

If accessing a phone with voicemail is a challenge, CAIT can offer alternate options to connect (e.g. via email, referral agents' office, a primary care clinic, a community drop-in, etc.).

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VANCOUVER COASTAL HEALTH CENTRAL ADDICTION INTAKE REFERRAL PACKAGE for SUPPORTIVE TRANSITIONAL LIVING RESIDENCES (STLRs) and TREATMENT FACILITIES

PRIVACY AND CONSENT

Privacy at Vancouver Coastal Health Authority

- When you are receiving care from any of the programs or services at Vancouver Coastal Health Authority (VCH), personal information needs to be collected from you by counsellors, health care practitioners and other healthcare team members.
- We collect, use and share this information when required or permitted by law; for example, according to British Columbia's *Hospital Act*, *Hospital Insurance Act*, and the *Freedom of Information and Protection of Privacy Act* (FIPPA).
- Sometimes your family, friends, or someone who has the legal right to represent you, may also give us personal information about you.
- We may also need to get personal information from other sources, such as copies of your previous health records from other hospitals or from your family physician, or we may confirm your identity and personal health number (PHN) with the Ministry of Health.

Vancouver Coastal Health is ethically committed and legally required, to protect your personal information.

We are committed and legally required by *Freedom of Information and Protection of Privacy Act* (FIPPA) to protect your privacy. We use and share your information for authorized purposes and must store it securely to protect it. Our staff are trained on how to protect your privacy and to keep your personal information confidential at all times.

Who can look at, use, and share my personal information?

Someone who “**needs to know**” your information in order to provide care and other care-related services, is permitted to look at your personal information (like a counsellor or a nurse). They may use and share it for the following reasons:

- To assist with your ongoing care and services
- To contact you or your family about your medical care when appropriate
- To help us improve the quality of your care and services
- Research (when authorized)
- Teaching and education (of counsellors and nurses, for example)
- To see if you qualify for different benefits or services and to arrange payment.

Your personal information may also be shared with other people with your consent. However, we must provide it without your consent in some circumstances. These include:

- To respond to a court order or subpoena
- To comply with an insurance investigation by another government body such as WorkSafe BC
- To report or provide information to investigate a suspicion that a child or an older adult is being abused or neglected
- To report intention of self-harm or harm to another person

If you have any questions or concerns about the limits of confidentiality, you are encouraged to speak with your counsellor, health care provider, or the VCH Privacy Office (604-875-5568 or privacy@vch.ca). Our program is committed to being as open as possible about our responsibilities to both you and the community.

CENTRAL ADDICTION INTAKE REFERRAL ASSESSMENT RESIDENTIAL SUBSTANCE USE SERVICES (STLRs & Treatment)

INSTRUCTIONS:

This following referral package consists of 6 pages; all pages must be completed by a counselor, social worker or health care professional who is supporting this individual with their on - going recovery/care plan.

The referral packages consists of the following forms - *all forms must be completed:*

1. Ministry of Health - Care Facility Admission Consent. This form provides informed consent to the client prior to admission into a recovery / treatment facility.
2. Cover Sheet - Referring clinician and individual's contact information.
3. Assessment Form
 - a. **VCH referrals please complete the MHSU assessment on PARIS**
 - b. Non-VCH referrals - please complete the referral Assessment form provided in this referral package.
Gather as much information as possible to support CAIT and the residential facility intake workers to be able to make a well informed decision about your client's readiness for admission to the facility. A "TIPS" sheet is included to provide guidance only.
4. Consent for Release of Information (top section) and Pharmanet Consent (bottom section). ensure both sections are signed and witnessed.
5. Early Exit Transition Plan - as discussed earlier please ensure that time and attention if given not only to facility placement but also facility discharge.
6. MSDPR Funding Verification form - this form confirms that government funding is in place for the individual.

SUBMITTING A REFERRAL:

VCH referrals-Please submit completed referrals using the IMITS secure FTP application. Instructions on how to access and upload using the IMITS secure FTP application follow on the next 3 pages.

Contact CAIT, if you have not been given an individual login and password for IMITS use.

QUESTIONS & GENERAL INQUIRIES

The Central Addictions Intake Team

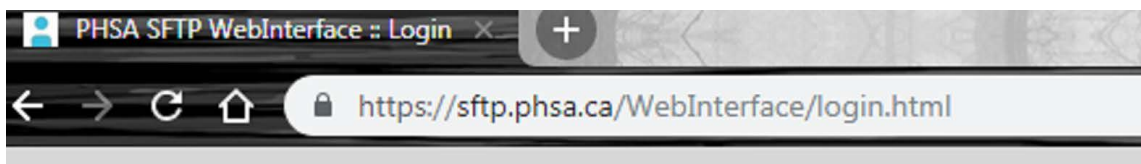
Phone: 604-675-2455 Ext. 22564 for Pacifica & Together We Can

Phone: 604-675-2455 Ext. 22563 for Emerge & New Dawn

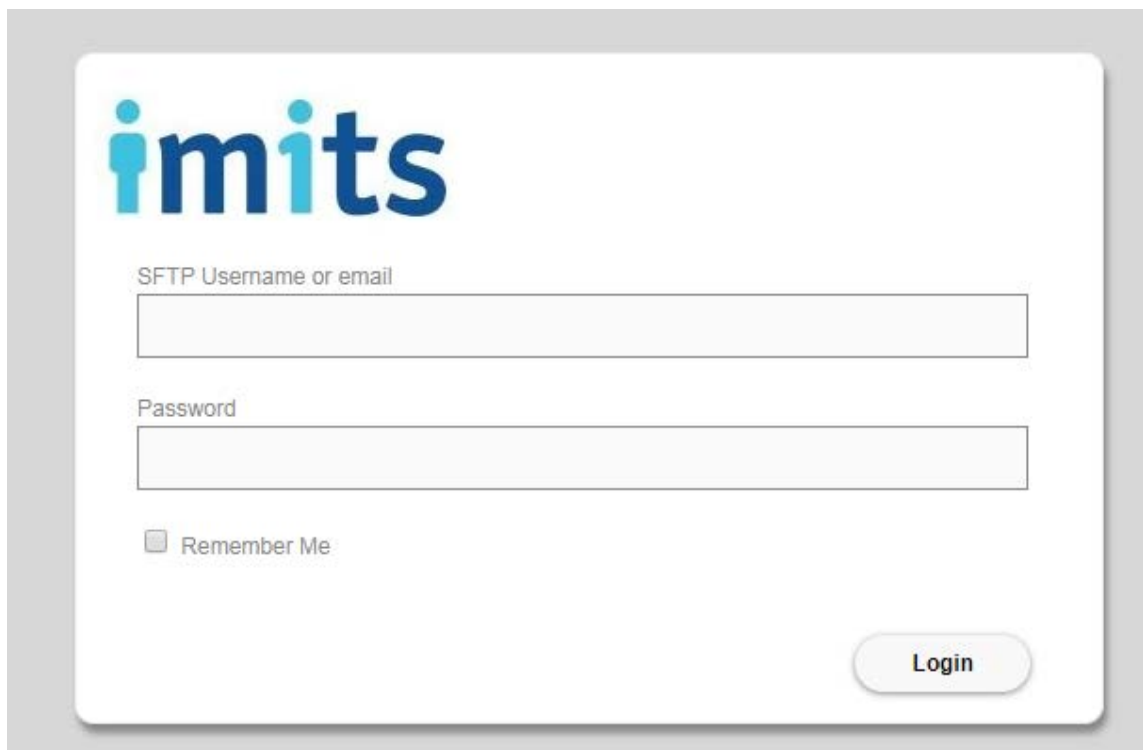
Hours of Operation: 8:30am-4:30pm, Monday to Friday

Sending Documents to CAIT via Secure Transfer Protocol (SFTP)

1. Navigate to the SFTP website at <https://sftp.phsa.ca/WebInterface/login.html>

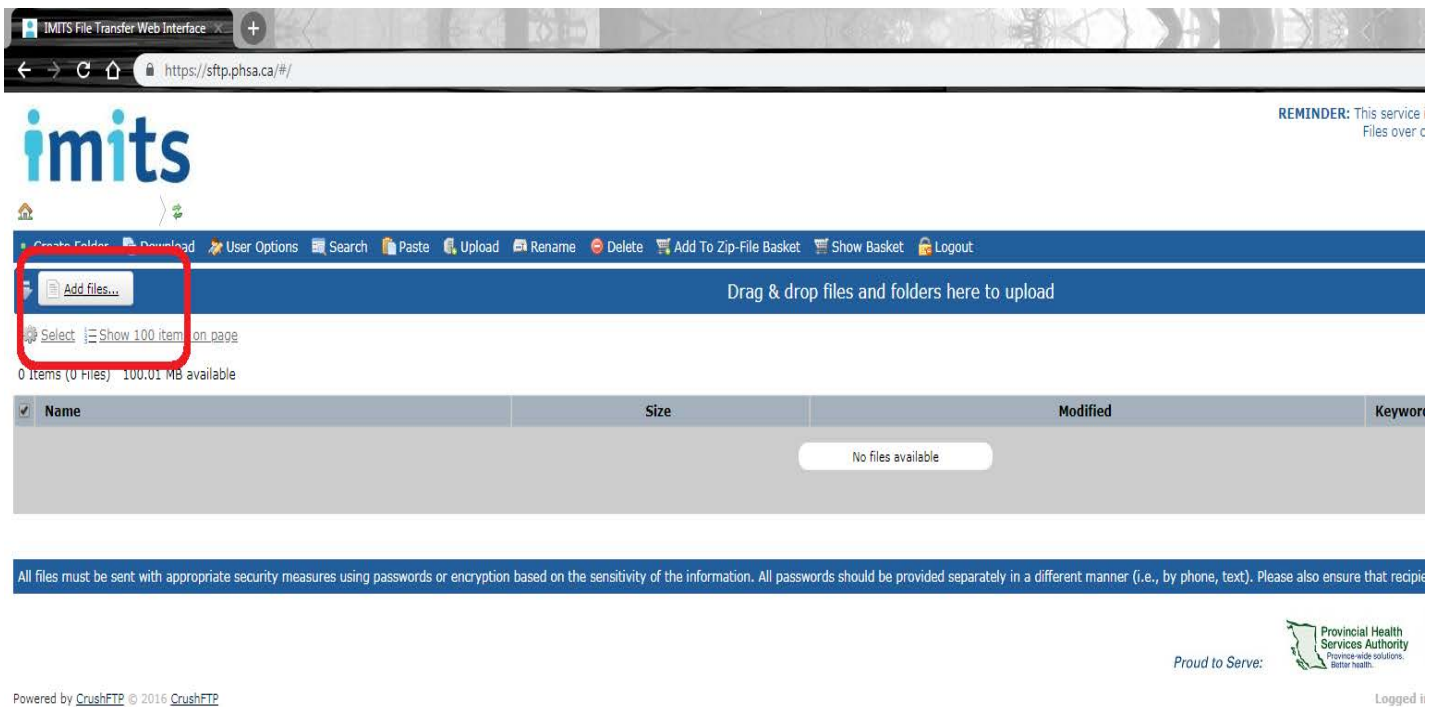


2. Log in to the SFTP user interface using the credentials provided to you by VCH-CAIT.

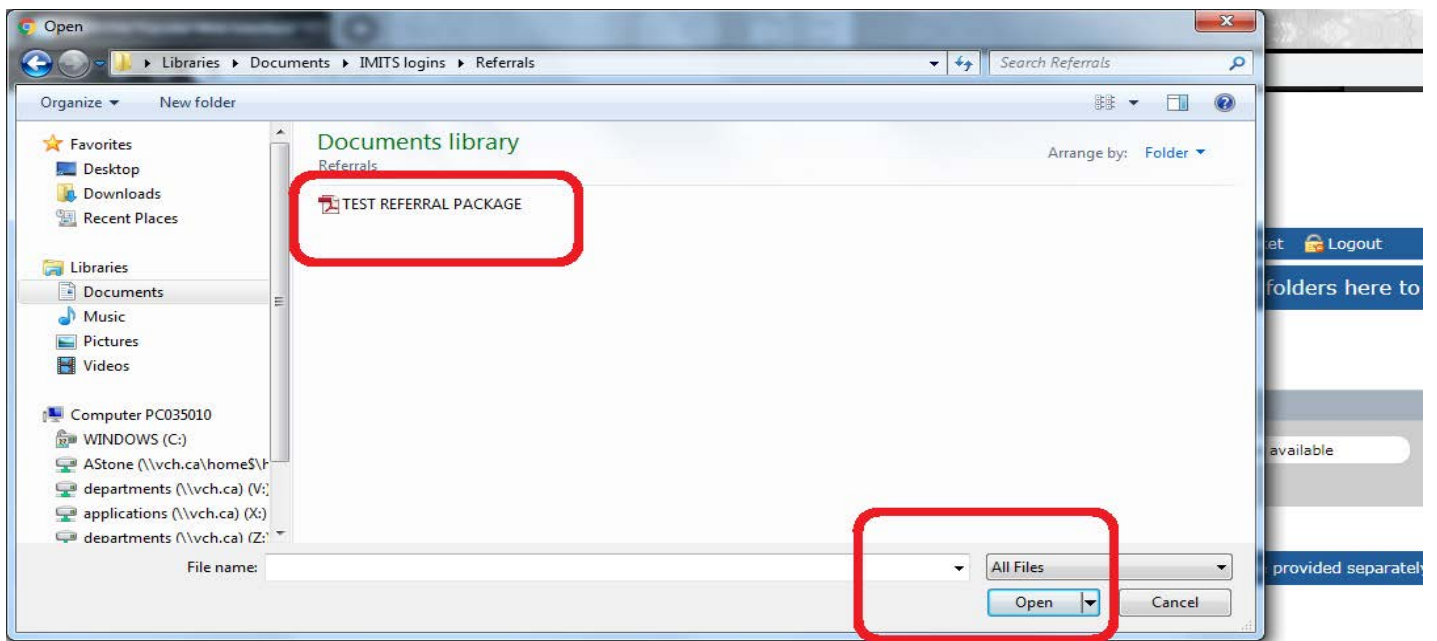
A screenshot of the SFTP login form. The form is titled "imits" and contains the following fields:

- SFTP Username or email: A text input field.
- Password: A password input field.
- Remember Me: A checkbox.
- Login: A button.

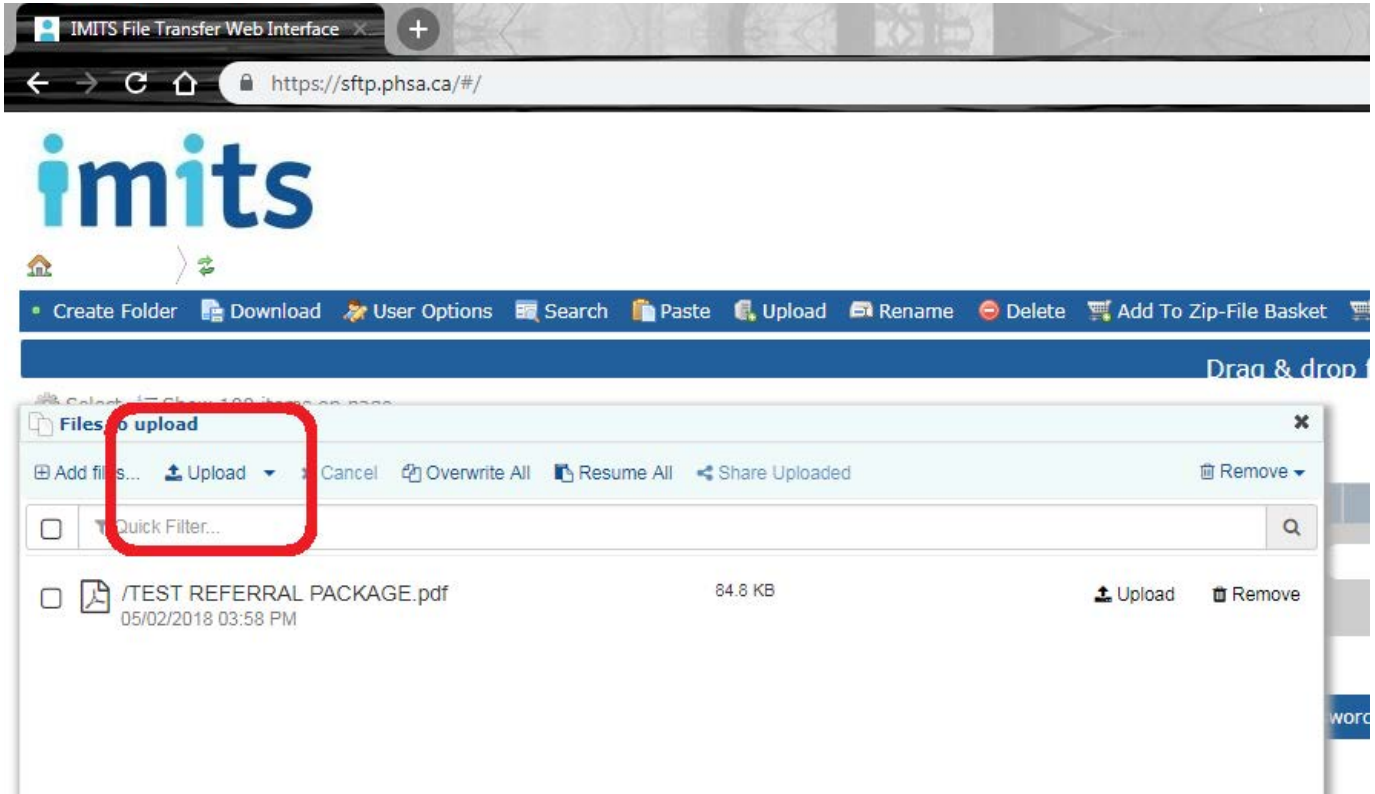
- Upon logging in, you will be greeted with this screen.
To upload a referral to send to CAIT, click on "Add Files" in the left corner.



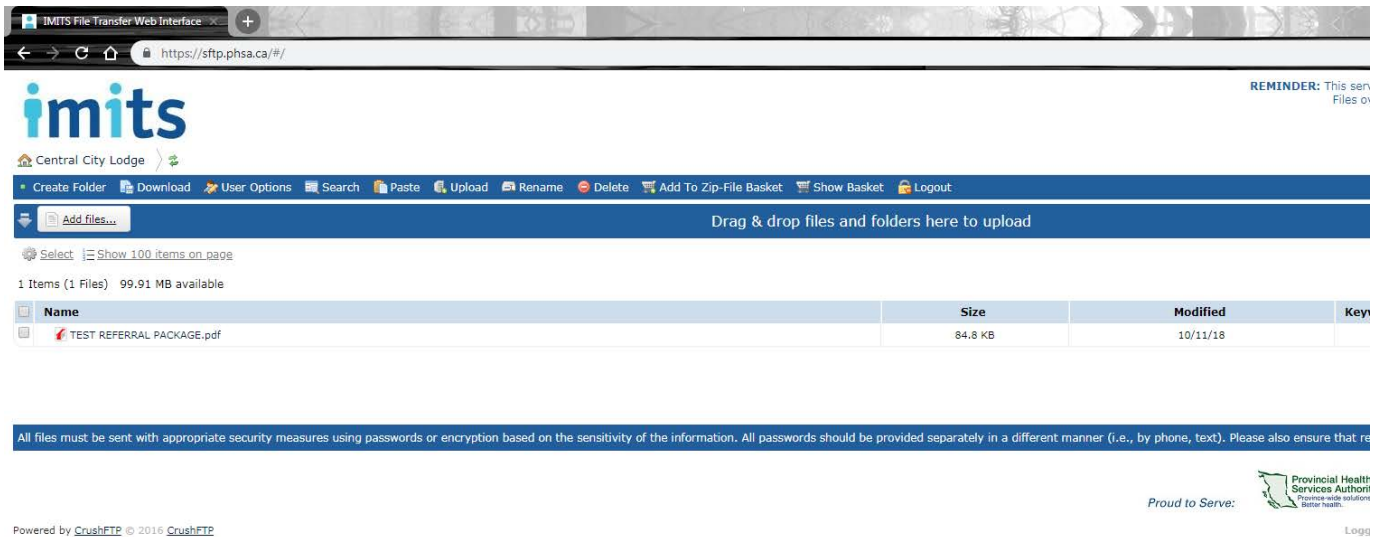
- After clicking "Add Files", a new box will open up that will allow you to navigate to your saved referral document.
Select your referral and click "Open".



5. In order to complete the file upload, click on "Upload" in the new box.



Once the file has successfully been uploaded it will appear on the main screen.
The file is now ready for CAIT to access and download.



6. To end your Secure File Transfer Protocol Session, simply close your browser window or tab.



This form is to be completed by the manager giving due consideration to Part 3 of the Health Care (Consent) and Care Facility (Admission) Act (HCCCFAA) and the Practice Guidelines for Seeking Consent to Care Facility Admission (Ministry of Health). Information is being collected under the authority of the HCCCFAA. A manager is defined by the HCCCFAA as an individual who is responsible for either or both of: (a) the operation of a care facility, or (b) admissions to a care facility.

INFORMATION OF ADULT TO BE ADMITTED

Form with fields: Last Name of Adult to be Admitted, First Name of Adult to be Admitted, Second Name(s), Personal Health Number (PHN), Birthdate (YYYY / MM / DD)

Consent provided by (choose one)
[] the adult to be admitted
[] the substitute (adult determined to be incapable through assessment)

PROPOSED ADMISSION

It is proposed that the adult be admitted to the following facility:
Name of Care Facility, Address of Care Facility

CONSENT OF ADULT OR SUBSTITUTE DECISION MAKER

Adult or substitute providing consent to mark the appropriate boxes:
[] I have been given information about this care facility...
[] I have been given the opportunity to ask questions...
I understand:
[] The care options available...
[] I have the right to give or refuse consent...
[] I can revoke consent...
[] If care and accommodation is offered...
Additional Comments:

Consent to the above-named care facility was:
[] provided in writing
[] inferred from conduct - describe:
[] provided orally

ADULT TO BE ADMITTED - WRITTEN CONSENT

[] I CONSENT to being admitted to the above-named care facility.
Signature of Adult to be Admitted, Print Name of Adult to be Admitted, Date Signed (YYYY / MM / DD)

OR: SUBSTITUTE DECISION MAKER - WRITTEN CONSENT

[] On behalf of the above-name adult, I CONSENT to the adult being admitted to the above-named care facility.
Signature of Substitute Decision Maker, Relationship to Adult, Print Substitute's Full Name, Date Signed (YYYY / MM / DD)

OR: MANAGER - CONSENT PROVIDED ORALLY OR INFERRED FROM CONDUCT

[] The above-named adult (or substitute decision maker on behalf of the adult) has CONSENTED to being admitted to the above-named care facility.
Signature of Manager, Date Signed (YYYY / MM / DD), Print Name of Manager, Organization/Health Authority, Name of Substitute Decision Maker, Relationship to Adult

CENTRAL ADDICTION INTAKE REFERRAL PACKAGE RESIDENTIAL SUBSTANCE USE SERVICES (STLRs & Treatment)

Emerge, New Dawn, Together We Can & Pacifica Treatment Center

COVER SHEET

DATE: DD/MM/YYYY

Referral from: Vancouver Coastal/ Providence Health Fraser Health

Name of person making referral:

Role:

Agency Name:

Agency Address:

Phone #: Email: Fax

How many sessions have you had with the client?

Will you continue to support your client through and after their stay at the STLR or Treatment Facility? Yes No

REFERRING TO:

STABILIZATION & TRANSITIONAL LIVING RESIDENCES (STLRs):

Emerge (men) Together We Can (men) New Dawn (women) Turning Point* (M/F/T)

TREATMENT CENTER : Pacifica (all genders)

CLIENT INFORMATION

| | | | | |
|--|--|--------------|---|-----|
| Legal Name: | | | Date of Birth: <small>DD/ MM/ YYYY</small> | Age |
| Preferred Name(s): | | | Personal Health Number (PHN): | |
| Street Address: | | | | |
| City: | Province: | Postal Code: | | |
| Telephone: | Okay to leave a message? Yes <input type="checkbox"/> No <input type="checkbox"/> | | Email: | |
| Emergency Contact: Name: | | | Phone: | |
| Relationship: | | | | |
| Can we contact this person if you are discharged early from the STLR or Treatment Facility? Yes <input type="checkbox"/> No <input type="checkbox"/> | | | | |

CHECKLIST : Before faxing the completed referral package make sure all documents are complete and included

- | | |
|--|---|
| <input type="checkbox"/> Care Facility Admission Consent | <input type="checkbox"/> Consent for Release of Information |
| <input type="checkbox"/> Complete referral assessment | <input type="checkbox"/> Early exit transition plan |
| <input type="checkbox"/> MSDPR Funding Verification | |

QUESTIONS or GENERAL INQUIRIES

The Central Addictions Intake Team

Phone: 604-675-2455 Ext. 22564 for Pacifica, Together We Can

Phone: 604-675-2455 Ext. 22563 for Central City Lodge & New Dawn

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CENTRAL ADDICTION INTAKE REFERRAL ASSESSMENT

"TIPS" for guidance only

ASSESSMENT for CLIENT NAME:

REFERRAL DATE:

Referral Reason & presenting situation:

Tip: Include details of the presenting situation and current functioning as described by the client, the referral source, family or others concerned.

History of presenting situation/History of presenting illness:

Tip: Include a description of the onset and development of the presenting problems, fluctuations in their severity and their impact on the individual's life and environment. Identify any collateral information as such.

Physical and Medical History:

Tip: Include past and current physical, medical, surgical, and obstetrical history (as applicable), accidents (including brain injuries), seizures, and any relevant lab work, tests/scans, from childhood to adulthood.

TB Symptom screen: None: Cough Productive cough Haemoptysis Night Sweats
 Fever Weight loss Chest pain Fatigue Other

Medications:

Tip: List current medications including OTC, relevant vitamins and herbs.

Psychiatric History/Mental Health History:

Tip: Include a description of past psychiatric illness including hospitalizations and other past treatment and support (e.g. past medication trials, neuro-stimulation, and other therapies).

Substance Use treatment and Supports: OR attach SU assessment

Tip: Include current (past 30 days and past substance use treatments such as maintenance therapies, withdrawal management, harm reduction, individual, group, peer supports, treatment programs, support recovery, and specialized supports. Include information about Methadone, Suboxone or other OAT.

Family Medical & psychiatric History

Tip: Include family medical, psychiatric history and relevant family substance use history.

Personal & Social History:

Tip: Include personal history (family background and strengths) and current psychosocial factors (e.g. activities of daily living, housing, finances/income, education/work, community supports, cultural identity and spirituality, gender identity and expression, sexual orientation and relationship status).

Legal History:

Tip: Include current and past legal issues, involvement with law enforcement, formal financial and health care decision makers and documents (e.g. representation agreements, power of attorney, wills). Include any representatives in the Unregistered Contacts grid. Any court dates? Probation?

Mental Status:

Tip: Include appearance, attitude, behaviour, mood and affect, speech, thought process, thought content, perceptions (e.g. hallucinations), cognition (e.g. alertness, orientation, attention, concentration, visuospatial, language and executive functions), insight and judgment.

Risks:

Tip: Include risks (e.g. harm to others, self-harm, suicidality, harm by others, child protection, violence in relationships) and severity (e.g. current ideation, intent, plan, approximate dates of previous attempts, and information regarding lethality of attempts).

Assessment Summary and Treatment Recommendations

A synopsis of the main points from your assessment. Why is your recommended placement most suitable for this client? Please note any specific or unique needs the person may have during treatment.

Signature: of person making this referral

**CENTRAL ADDICTION INTAKE REFERRAL ASSESSMENT
RESIDENTIAL SUBSTANCE USE SERVICES (STLRs & Treatment)**

Emerge, New Dawn, Together We Can, & Pacifica Treatment Center

ASSESSMENT for CLIENT NAME:

REFERRAL DATE:

Referral Reason & presenting situation:

History of presenting situation/History of presenting illness:

Physical and Medical History:

Medications:

Psychiatric History/Mental Health History:

Substance Use treatment and Supports:

Family Medical & psychiatric History

Personal & Social History:

Legal History:

Mental Status:

Risks:

Assessment Summary and Treatment Recommendations

Signature:

ADDITIONAL FORMS for CAIT INTAKE REFERRALS

CONSENT FOR RELEASE OF INFORMATION

Please indicate below your consent for STLR or Treatment Facility and CAIT staff to share your personal information with the following individuals:

| Name | INVOLVEMENT (e.g lawyer, PO, Probation) | TELEPHONE # (include extensions) | Limitations to the information you consent to share |
|------|--|-------------------------------------|--|
| | | | |
| | | | |
| | | | |
| | | | |

I, _____ (full name) consent to the release of information as specified above

Client Signature:

DATE: _____
DD/MM/YYYY

PHARMANET CONSENT

The Province of British Columbia has established the provincial computerized pharmacy network and database known as "PharmaNet" pursuant to Section 37 of the *Pharmacists, Pharmacy Operations and Drug Scheduling Act*, R.S.B.C. 1996, c. 363.

I _____ PHN: _____
PRINT NAME

Authorize access to my personal health information contained within Pharmanet by medical practitioners, pharmacists, and other authorized persons for the purpose of providing therapeutic treatment or care to me in _____
[Facility Name, Please Print]

Client signature:

Date:

Witness Signature:

Print Witness Name & Relationship:

EARLY EXIT TRANSITION PLAN

CLIENTS NAME:

Referred By:

Should I leave the selected STLR or Treatment Centre prior to program completion, **I agree to utilize the support of the STLR or Treatment Facility staff for resource information, and safe exit/transition planning and:**

- Return to my home or the home of the individual named below for immediate shelter and transition Support:
and/or
- Contact the agency/worker named below for immediate shelter and transition support.

EARLY EXIT CONTACTS:

1) Name _____ Relationship _____
Home #: _____ Cell #: _____
Is this person aware of this plan? Yes No

2) Name _____ Relationship _____
Home #: _____ Cell #: _____
Is this person aware of this plan? Yes No

3) Organization/Agency Name: _____ Contact/Workers Name _____
Phone #: _____ Cell #: _____

CLIENT SIGNATURE: _____

DATE: _____
DD/MM/YYYY

(Details of your Early Exit Transition Plan):

MSDPR FUNDING VERIFICATION

Referring Agent: Please complete and return to CAIT via imits

Ministry Agent: Please complete and return to CAIT via Email

| | | | | | | | |
|---------------------|--|----------------------------|----|---|----|---|------|
| CLIENT NAME: | | DATE of Completion: | DD | / | MM | / | YYYY |
| S.I.N.: | | D.O.B. | DD | / | MM | / | YYYY |

This person has been referred for admission to: Name of residential addictions program.

Prior to admission, we require confirmation that the client's per diem costs (less any non-exempt income) will be paid by MSDPR while in receipt of, and eligible for, income assistance. Once the client has been admitted the facility will send an admission report.

| | | | | |
|----------------------------------|----|--|---------------|--|
| Income from Other Sources | \$ | | Source | |
| Income from Other Sources | \$ | | Source | |

| | |
|-----------------------------|---|
| Client Authorization | <p>I,, authorize the Ministry of Social Development & Poverty Reduction to confirm my eligibility for funding, and to release any related information to the staff of Vancouver Coastal Health CAIT program and the above named residential/support recovery addictions program.</p> <p style="text-align: right;"> _____ Date: _____ Client Signature DD/MM/YYYY </p> |
|-----------------------------|---|

Ministry of Social Development & Poverty Reduction - COMPLETE & SEND BACK THE SAME DAY

| | |
|--|------------------|
| <input type="checkbox"/> Client has an open and active file <input type="checkbox"/> Client eligibility yet to be determined <input type="checkbox"/> Client file has been closed <input type="checkbox"/> Client is eligible for funding as follows: | Comments: |
|--|------------------|

| | | | | |
|---|---------------------|----|--|--|
| MSDPR will pay Client's monthly per diem as per current eligibility less any non-exempt income from other sources as follows: | | | | |
| Client Contribution: | (non-exempt income) | \$ | | |
| Non-exempt income from | | | | |
| Maximum Amount Payable by MSDPR Per Month | | \$ | | |

| | | |
|----------------------------|--|--------------------------------|
| MSDPR Contact Name: | | <i>Place Office Stamp Here</i> |
| Telephone contact: | | |
| Date: | | |