

SMART RECOVERY: WEEKLY MEETING SCHEDULE

MONDAY

Robert & Lily Lee CHC (1669 E. Broadway;
Room 325):
3:30 - 4:30 PM

****EXCLUDES STATUTORY HOLIDAYS****

WEDNESDAY

Pacific Spirit CHC (2110 West 43rd Avenue; See
Reception):
12:00 - 1:00 PM

South Mental Health Team (1200 W 73rd Ave #220, See
Reception):
3:30 PM - 4:30 PM

STEPS (312 MAIN, See Reception; **NOTE: participants buzz
into building before being shown to room**):
4:00 - 5:00 PM

Robert & Lily Lee (Online):
4:00 PM - 5:00 PM

<https://smartrecovery.zoom.us/j/93528986202>

SMART Women's Group (Three Bridges, 1128 Hornby St,
Room 215)
6:30 - 7:30 PM

Alternating Weeks (See below for specific dates):

Oct: 16th, 30th
Nov: 13th, 27th
Dec: 4th

FRIDAY

Robert & Lily Lee CHC (1669 E. Broadway):
12:00 - 1:00 PM

Alternating Weeks (See below for specific dates):

Oct. 4th, 18th
Nov. 1st, 15, 29th
Dec. 13th, 27th

Three Bridges CHC (1128 Hornby St.; Room 215):
6:00 - 7:00 PM

Sea-to-Sky Online:
6:30 - 8:00

<https://smartrecovery.zoom.us/j/91537409498>

TUESDAY

Three Bridges CHC (1128 Hornby St; Room 123):
3:00 - 4:00 PM

Family & Friends Meeting (Online):
6:00 - 7:00 PM

<https://smartrecovery.zoom.us/j/91012011101>

North Saanich (Online):
6:30 PM - 8:00 PM

<https://smartrecovery.zoom.us/j/91032572986>

THURSDAY

Downtown Community Court (211 Gore Ave;
**NOTE: participants pass through security
before being shown to room**):

(2nd and Last Thursday of the Month**)**

1:30 - 2:30 PM

Reach Community Health Centre (1145
Commercial Drive; Room 032)
4:00 PM - 5:00 PM

Robert & Lily Lee CHC (Online)
6:00 PM - 7:00 PM

<https://smartrecovery.zoom.us/j/507754407>

SATURDAY

Three Bridges CHC (1128 Hornby St.; Rm 215)
11:00 AM - 12:00 PM

SUNDAY

North Saanich (Online):
6:30 PM - 8:00 PM

<https://smartrecovery.zoom.us/j/91032572986>

For all SMART inquiries, please contact Anna.Morrison@vch.ca