



Richmond Mental Health  
Consumer and Friends' Society (RCFC)

*Peers supporting Peers*

210 – 7671 Alderbridge Way  
Richmond, BC V6X 1Z9

Phone: 604-675-3977(ext. 5)  
Fax: 604-214-0947

Web: [www.vch.ca/rcfc](http://www.vch.ca/rcfc)  
Email: [wai.chan@vch.ca](mailto:wai.chan@vch.ca)



*December*

## Peer Support Social Group (PSSG) 2025 Calendar

There's a lot going on right now.  
Let connect, have some fun,  
and make some new friends.

PSSG Activities need all participants to sign up with Icy at 604-762-7723. To sign up or if you have any questions or further clarification, please contact Icy. The programs are subject to change based on weather conditions.

Monday	Wednesday	Friday
<b>December 1</b> <b>Meet @ 7111 No.2 Rd - RMD Presbyterian Church)</b> <b>1:30 pm</b> - Bingo - DIY Christmas Card - Cozy Drink 	<b>December 3</b> <b>11:30 am</b> <b>Meet @ Master Rice Roll Cafe</b> - Dining Out Bring \$20 "140 - 4200 No. 3 Rd" 	<b>December 5</b> <b>12:00pm</b> <b>Meet @ Garratt Wellness Center</b> - Fun Cooking Class "7504 Chelsea Pl, Rmd"
<b>December 8</b> <b>Meet @ 7111 No.2 Rd - RMD Presbyterian Church)</b> <b>1:30 pm</b> - Bingo - DIY Jewelry - Cozy Drink	<b>December 10</b> <b>11:30 am</b> <b>Meet @ Upstairs Hot Pot</b> - Dining Out Bring \$20 "270 - 4231 Hazelbridge Way" 	<b>December 12</b> <b>12:00pm</b> <b>Meet @ Garratt Wellness Center</b> - Fun Cooking Class "7504 Chelsea Pl, Rmd"
<b>December 15</b> <b>Meet @ 7111 No.2 Rd - Presbyterian Church)</b> <b>1:30 pm</b> - Bingo - DIY Jewelry - Cozy Drink 	<b>December 17</b> <b>11:30 am</b> <b>Meet @ Parker Place Food Court</b> - Dining Out Bring \$20 "4380 Number 3 Rd, Rmd" 	<b>December 19</b> <b>12:00pm</b> <b>Meet @ Garratt Wellness Center</b> - Fun Cooking Class "7504 Chelsea Pl, Rmd"
<b>December 22</b> <b>Meet @ 7111 No.2 Rd - RMD Presbyterian Church)</b> <b>1:30 pm</b> -Bingo - Spa Day - Cozy Drink 	<b>December 24</b> <b>11:00 am</b> <b>PSSG - Celebration Christmas - Karaoke &amp; Food</b> <b>Advance sign-up is required</b>  	<b>December 26</b> <b>CLOSED</b> <b>Stat Holiday NO ACTIVITIE</b> 
<b>December 29</b> <b>Meet @ 7111 No.2 Rd - RMD Presbyterian Church)</b> <b>1:30 pm</b> -Bingo - Movie (Youtube Video) - Cozy Drink	<b>December 31</b> <b>11:30 am</b> <b>Meet @ Super Stars Cafe</b> - Dining Out Bring \$20 "8080 Leslie Rd #110, Rmd" 	<b>2:30 pm</b> <b>Meet @ Espot #1000-8181 Cambie Rd</b> - Mahjong / Billiards / arcade / Electronic Dart 

Remarks: Each participant will need to be referred to the program. If you wish to join peer support social group and area client of the Richmond Mental Health Team – ask your case manager for a referral.

*Nov. 28, 2025*