

Bronchoscopy

*** IMPORTANT INFORMATION ***
Please read before you come in.

**You CAN NOT leave the
hospital alone.**

**Someone MUST come to
the Unit to pick you up.**

Your Bronchoscopy is scheduled for:

Date of Test _____

Time of your Test _____ o'clock
(Please arrive 2 hours before your test time)

Report to: Admitting Department

What you need to do!



For your safety it is important that you follow all these directions.

If you have any questions, call your doctor's office.

Preparing for your bronchoscopy:

- Your Doctor may order blood work to be done at a laboratory prior to your bronchoscopy.
Date: _____
- Do not have anything to eat or drink after midnight before your test. (including gum, candies and antacids)
- If you are taking regular medication speak with your Doctor about whether to take these medication the morning of your bronchoscopy. If you need to take your medications you should table them 2 or more hours before your bronchoscopy with a sip of water. If you are taking “blood thinners” speak to your doctor about when to stop taking them prior to your bronchoscopy. Bring all your medications with you in their original containers.
- Do not wear make-up or nail polish.
- Leave valuables and jewelry at home.

If you do not speak English **well**, someone who does speak English well **must come with you** and stay with you during the entire day.

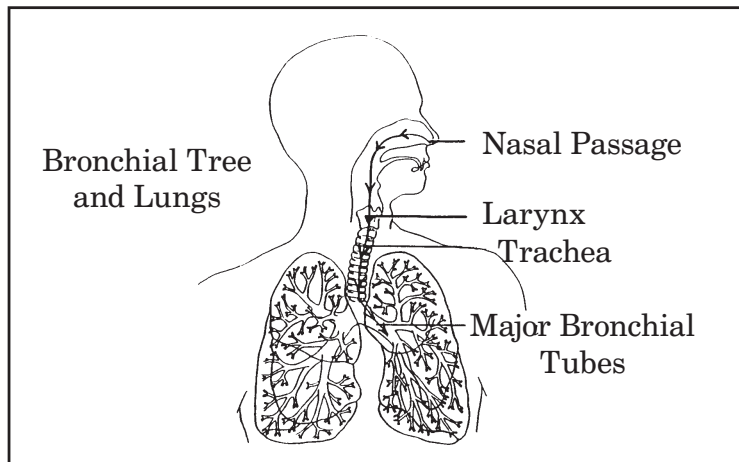
請不懂英語之朋友注意:
若閣下需要到本院留院或診療室
檢驗,請帶同翻譯員前來協助解釋
一切程序。多謝合作。

- You **cannot** leave the hospital alone. Someone **must** come to the Unit to pick you up. **YOU MUST NOT DRIVE FOR 24 HOURS AFTER THE PROCEDURE.** You are considered legally impaired. This is because of the sedatives the doctor gives you to help you relax during the test.

What is a Bronchoscopy?

A "Bron-kos-ko-pee" is a test which lets the doctor see into the air passages: the larynx (voice box), trachea (windpipe) and major bronchial tubes.

During a bronchoscopy, a thin flexible tube is passed gently through your nose or mouth. There is a tiny camera and light at the end of the tube. This lets the doctor see inside your air passage and take tiny bits of tissue or fluid for the laboratory to test.



What happens during this exam?

- The nurse will take a short health history, check your blood pressure, temperature and start an intravenous (I.V.).
- Your throat will be sprayed with a numbing medicine to dull the feeling in your throat. The nurse will also give you medicine through the I.V. to help you relax.
- When you are relaxed and comfortable the doctor will do the test. You will not have pain. During the test the nurse may give you more medicine to keep your throat numb. Sometimes this drips down your throat and you may cough a bit before it takes effect.

After the Test

- After the test you will stay for about 2 hours before going home. The nurse will be checking your blood pressure and will make sure you are breathing easily. Because your throat will be numb, you must wait before drinking or eating.
- The nurse will tell you when you can eat and drink and will give you information to take home with you.

Remember

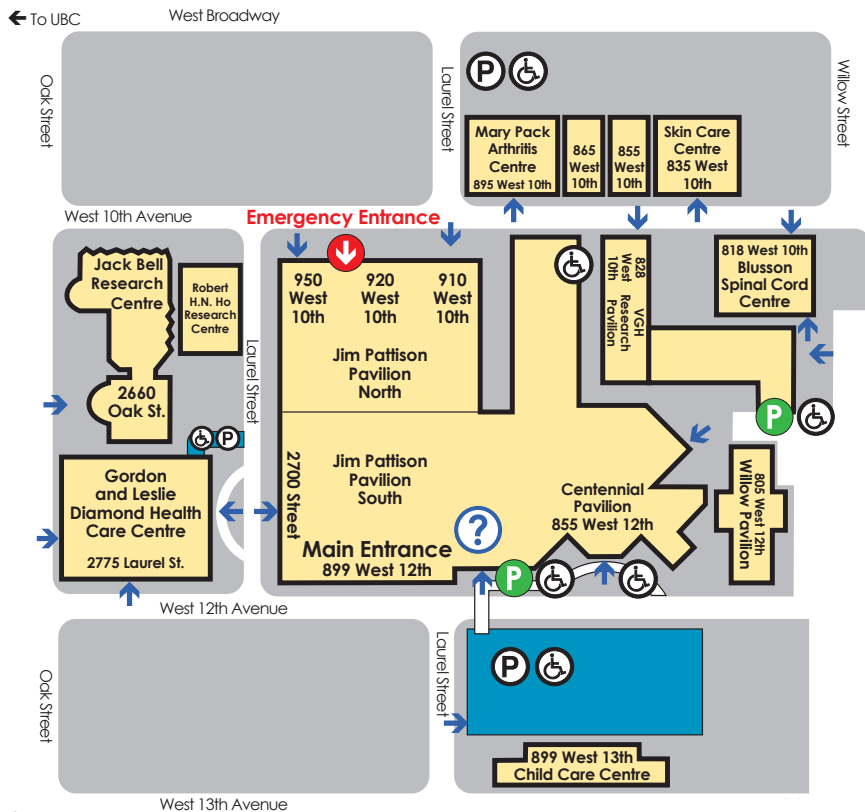
You **cannot** leave the hospital alone.

Someone **must** come the Unit to pick you up.

Vancouver General Hospital Patients

Instructions

- Please arrive 2 hours before your test time.
- Go to the Admitting Department at the main entrance of Jim Pattison Pavilion at the time noted on page 1.
- After admission, you will go to the Day Bed Unit one floor down on Level G or the Respiratory Ambulatory Unit (RAU) on tower 12B.
- **Please leave all valuables and jewellery at home.**
The hospital has no place to store them.
- You can park in the parkade on the corner of 12th Avenue and Laurel Street.



For more copies, go online at <http://vch.eduhealth.ca> or
email pchem@vch.ca and quote Catalogue No. **FN.145.B788**
© Vancouver Coastal Health, February 2015

The information in this document is intended solely for the
person to whom it was given by the health care team.
www.vch.ca